

SDG 2: Zero Hunger

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JCoR Lab Session

Sr. Anastasia Mbatha, IBVM

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Introduction

Goal 2 is about creating a world free of hunger by 2030. It seeks for sustainable solutions to end hunger in all its forms by 2030 and to achieve food security. The aim is to ensure that everyone everywhere has enough good-quality food to lead a healthy life.

Achieving this Goal will require better access to food (roads) and the widespread promotion of sustainable agriculture- the best way this can be done is by reaching out to people and educating them.

I am passionately interested in this sustainable development goal because I strongly believe when people have food and are healthy, the rest of the things fall in place. It means less people visiting the hospitals, less school drop outs, less child labour, less crime, less stressed society and more productive people in all other sectors of developing the country.

My sharing will majorly be based on experience, personal reflections and insights because I interact with local people and local market and I have very strong conviction that it is possible to achieve zero hunger but a lot has to be done.

Causes of Hunger

There is one major cause of hunger which is lack of food and that keeps me thinking how a country that has big fertile land can lack food to feed its people. This leads me to another reflection, what leads to lack of food security specifically in Kenya;

Lack of Agricultural Education

If people were sensitized and given basic education on agriculture, they would be able to do some farming and animal rearing to produce their own food and if possible, also practice large scale farming.

Lack of Water

Having education is one thing and using it effectively is another thing.

For any agricultural activity to succeed, we need water. Most farmers in

Kenya rely on rain water which is not very reliable.

Lack of Proper Roads

Sometimes people in Kenya lack food not because it is not there, but because some parts of the country have plenty but they cannot supply to the market due to lack of proper transport. There is need for the government to prioritize on making sure that there are good roads all over.

Conclusion

Most people in Kenya rely on buying literary all forms of food from the market Due to the above issues, the prices of food in the market keep fluctuating sometimes becoming very difficult for some citizens to afford basic things like food because they prices go so high hence leading to some families going without food or survive with one meal a day

To achieve this sustainable development goals in Kenya, a lot of sensitization needs to be done. Out of curiosity I did a check with a number of local people just to know how much they know about the SDGs but to my surprise from about 20 people none of them knew the SDGs, they can just define “sustainable development goals” but they have no idea what they are