



Healing ourselves and the planet: interfaith, indigenous and embodied approaches to climate action (ZOOM)

April 18, 2024 Thursday, 2 - 3:30pm (EDT)

We are Mother Earth and Mother Earth is us. When we are disconnected from this relationship and out of balance with Nature, we tend to turn to polarized, fear-based, anxiety-driven action causing intentional and unintentional harm to ourselves, each other and our planet. This session features AHAM Education's documentary short Healing People Heal the Planet and a mindful reflection of how we might access "eco-affinity" through faith, indigenous wisdom, or other embodied practices. Together we explore how this 'inter-being' in relationship to humanity and the planet can serve as a catalyst for sustainable, nature-positive, nonviolent and transformative outcomes for a common future.

A panel of BIPOC, indigenous and faith leaders from the Americas will guide our experience to bravely lead change from the inside out in our respective worlds of influence.

See trailer and more information at: <u>http://www.ahameducation.org/bnature</u>

Zoom Registration is HERE