

# Understanding Social Exclusion and Marginalisation

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# Session will include...

- What do we mean by Social Exclusion and Marginalisation?
- What do we understand by Social Inclusion?
- Groups that are socially excluded
- What are the factors/ forces at play (systemic factors) that prevent inclusion (or perpetuate exclusion)?
- Implications of exclusion
- Integrating Social Inclusion in our work

# Power Walk

**What do we mean by Social Exclusion?**

# **Social exclusion or social marginalisation**

... is the process in which individuals or groups are denied full access to **rights, participation, decision-making, access, opportunities and resources** that are normally available to members of a different group, and which are fundamental to social integration and protection of human rights within that particular group.

- Why are groups socially excluded?

OR

- What are the characteristics that exclude certain groups and individuals?

# Groups/persons are socially excluded due to ...



Social class

Religious affiliation

Caste and Ethnic origin

Educational status

Political affiliation

Sexual identity or orientation

Health and ability status

Profession

Geographic location

# **Social Inclusion**

Social Inclusion is a concept that seeks to address inequalities or exclusions of vulnerable and marginalised groups through improving access to resources, participation, opportunities, assets, decision-making and protection of human rights.



# Factors perpetuating exclusion...

**Policies:** Government, institutional and organizational rules, regulations, and priorities that guide the **entity's** own and others' actions.

**Practices:** Espoused activities of institutions, coalitions, networks, etc targeted to improving social and environmental progress. Also, within the entity, the procedures, guidelines, or informal shared habits that comprise their work.

**Resource Flows:** How money, people, knowledge, information, and other assets such as infrastructure are allocated and distributed.

Source: [https://www.fsg.org/publications/water\\_of\\_systems\\_change](https://www.fsg.org/publications/water_of_systems_change)

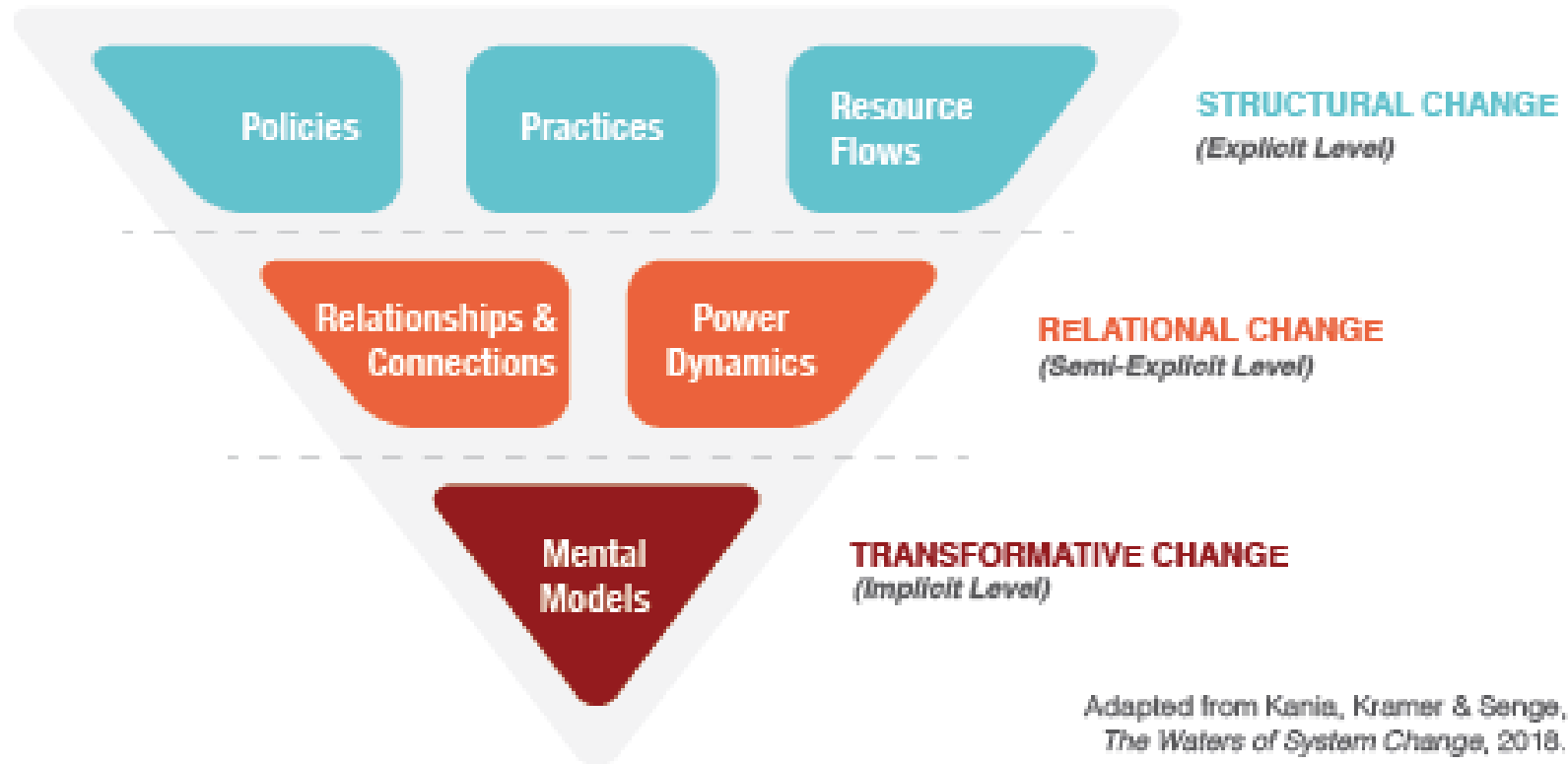
## ... Factors perpetuating exclusion

**Relationships & Connections:** Quality of connections and communication occurring among actors in the system, especially among those with differing histories and viewpoints.

**Power Dynamics:** The distribution of decision-making power, authority, and both formal and informal influence among individuals and organizations.

**Mental Models:** Habits of thought—deeply held beliefs and assumptions and taken-for-granted ways of operating that influence how we think, what we do, and how we talk.

## SIX CONDITIONS OF SYSTEMS CHANGE



Do you have any examples to show how changes in any of these factors have increased inclusivity (e.g. mid-day meal schemes for girls to incentivise sending girls to school; laws prohibiting child marriage).

Do we think some of the factors are easier to change than others? If so, why?

# Inclusion is belonging

<https://www.youtube.com/watch?v=Ea4TdXGp8f0>



# Implications of exclusion

- Poor health outcomes - physical and mental health
- Poor economic outcomes
- Lack of access to education, employment, opportunities
- Feeling of isolation
- Feeling of 'difference'

# How to integrate Social Inclusion in our work

- Increase personal and institutional awareness and sensitivity to different groups
- Recognise the barriers faced by vulnerable groups related to the domain in which you work
- Understand the reason for those barriers
- Identify needs, vulnerabilities and priorities of different groups who could be impacted by your work.
- Understand who has access, control and decision-making in the thematic areas in which you work.
- Identify possible positive and negative consequences of the results of your work on different groups.
- Use an intersectional lens when planning your work/mission/interventions.



# Group discussion - (in groups of 6-7)

- What are we doing to remove some of the barriers to inclusion?
- Is our work protecting and promoting rights of marginalised groups?
- Is it sustainable? How is our work related to the SDGs? Do we ensure that 'No one is left behind'?
- What can we do to increase inclusivity and reduce marginalization?
- What more can we do to change 'disabling' structures, environments, practices, policies and laws within society - (and within our ministries?)
- What further inputs do we need (individually and as a team) to strengthen our capacities to enhance social inclusion and reduce marginalization of the groups with which we work?

# Inclusion is a mindset

<https://www.youtube.com/watch?v=6SnXBKEfr2s>

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**POWTOON**

**Thank you!!!**